



BLUE GENERATION: YOUNG GUARDIANS OF THE MEDITERRANEAN



CAPO VATICANO -
22 - 30 SEPTEMBER 2026

SUMMARY OF THE PROJECT



PLACE: Capo Vaticano

DATES: 22 - 30 September 2026

(22nd arrival day and 30th departure day)

PARTICIPANTS: 45 participants

COUNTRIES: Italy, Spain, Türkiye, Albania and
Cyprys



ITALY IS WAITING FOR YOU



ABOUT THE ORGANIZERS

EURO YOUTH CLUB

The mission of Euro Youth Club is to promote European and active citizenship values among the young's from Calabria that is situated in the south part of Italy. The organization is an alternative for young people in the region to realize their potential and become an active part of the society.

The main objective of the group is the empowerment of youth in order to facilitate the acquisition of new skills and competences based on non-formal education and experiential learning, creating opportunities for young to discover a new dimensions of interaction where it's possible every person have the same opportunities to succeed in life being different and making the difference.

SHORT DESCRIPTION OF THE PROJECT

Blue Generation: Young Guardians of the Mediterranean

an Erasmus+ youth exchange project that aims to empower young people to become active promoters of environmental protection and sustainability in the Mediterranean area.

The project brings together participants from Italy, Spain, Cyprus, Türkiye, and Albania in order to raise awareness about climate change, marine pollution, and responsible use of natural resources through non-formal education and intercultural cooperation.

During the project, young participants will take part in practical workshops, coastal clean-up activities, eco-snorkelling, citizen science initiatives, debates, and outdoor learning experiences focused on protecting the Mediterranean Sea.

The exchange will also encourage the development of green competences, teamwork, leadership, communication skills, and active citizenship. Special attention will be given to the inclusion of young people with fewer opportunities coming from rural and coastal areas.

As a result, participants will co-create educational materials and awareness campaigns, including the Mediterranean Youth Blue Charter, promoting sustainable habits and community engagement. The project aims to create a new generation of environmentally conscious young people ready to act as ambassadors of positive change within their local communities and across Europe.



PROJECT'S OBJECTIVES

Environmental Awareness and Sustainable Action

increase young people's awareness about climate change, marine pollution, and the protection of the Mediterranean Sea through practical and interactive activities. Participants will develop eco-friendly habits and a stronger sense of responsibility towards the environment. The objective is to inspire young people to become active promoters of sustainable lifestyles in their local communities.

Inclusion, Well-being and Intercultural Learning

The project promotes inclusion and equal opportunities by involving young people from different social, cultural, and economic backgrounds, especially those with fewer opportunities. Outdoor activities, group reflections, and intercultural exchanges will create a safe and supportive environment where participants can improve their well-being, build friendships, and learn to live and work together in diverse communities.

Green Skills and Youth Empowerment

The project encourages young people to develop green and transferable competences through non-formal education and teamwork. Participants will strengthen leadership, communication, problem-solving, and cooperation skills while learning how to create positive environmental impact. Through intercultural collaboration and shared experiences, young people will gain confidence, autonomy, and motivation to act as ambassadors of change.

Active Citizenship and European Participation

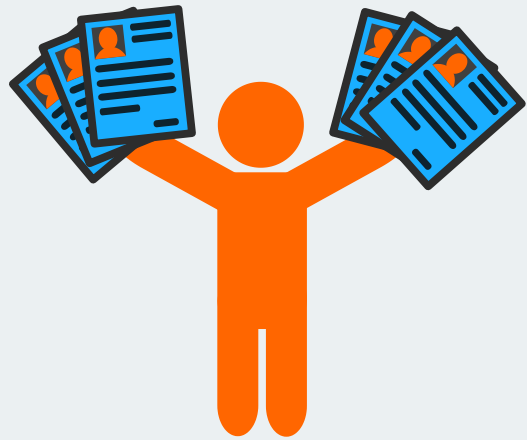
The project aims to strengthen active citizenship and encourage young people to engage in their communities through volunteering, awareness campaigns, and environmental initiatives. Participants will explore the opportunities offered by the Erasmus+ programme and understand the value of non-formal learning as a tool for personal and social development. Through activities such as the Mediterranean Youth Blue Charter and local dissemination events, young people will be empowered to contribute actively to a more sustainable and inclusive Europe.

...AND MUCH MORE

PARTICIPANTS PROFILE

8 participants 18-25 + 1 Group Leader

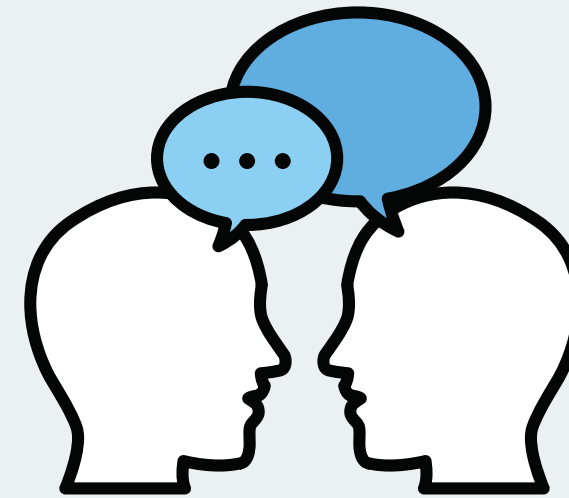
PLEASE BE MINDFUL OF THE
GENDER BALANCE OF THE GROUPS



Willing to develop and share good practices related to environmental sustainability, marine protection, social inclusion, and community engagement through outdoor activities, non-formal education, and intercultural cooperation.



Youth, NGO activists, volunteers, and young leaders who are willing to develop and share good practices related to environmental sustainability, active citizenship, social inclusion, and community engagement through outdoor activities and non-formal education.



Able to communicate in English, open-minded, proactive, and motivated to actively participate in intercultural and environmental learning activities.



Interested in learning more about teamwork, environmental awareness, marine protection, and how to use coastal and natural spaces in creative and inclusive ways that benefit both local communities and the environment.

ACCOMMODATION

We will be accommodated at Residence Hotel La Taverna, located in Capo Vaticano. Participants will stay in shared rooms/apartments of 4 people with private bathrooms. Some of the beds are kingsize, be ready to share it with someone else. Bathroom products and beach towels are NOT provided. Please bring it with you!

FOOD

Organizers will provide participants with three meals per day and coffee breaks. Breakfast lunch and dinner will be served in the Hotel restaurant. Participants in small groups are responsible to help with the distribution of the plates, cleaning and washing

WORKSHOP ROOM

The main activity room is located in the same area. We'll try to most of the activities outdoor.



YOUTH EXCHANGE'S MAIN ACTIVITIES

ENVIRONMENTAL ACTION AND MARINE PROTECTION

Participants will explore the challenges affecting the Mediterranean Sea, such as climate change, marine pollution, and plastic waste, through practical and interactive activities. Coastal clean-ups, citizen science initiatives, eco-snorkelling, and sustainability workshops will encourage young people to reflect on their environmental impact and develop concrete solutions for protecting marine ecosystems and coastal communities.

INTERCULTURAL LEARNING AND OUTDOOR EXPERIENCES

This area focuses on intercultural exchange and community building through outdoor and non-formal education activities. Participants will share traditions, local environmental practices, and experiences from their countries while taking part in team-building exercises, nature hikes, intercultural evenings, and collaborative challenges that strengthen solidarity, inclusion, and mutual understanding.

GREEN SKILLS, CREATIVITY AND YOUTH EMPOWERMENT

Young people will co-create educational and awareness-raising tools focused on sustainability and active citizenship. Through creative recycling workshops, group projects, debates, and simulations, participants will develop green competences, leadership, teamwork, and communication skills. They will also contribute to the creation of the Mediterranean Youth Blue Charter and other educational materials promoting sustainable lifestyles.

DISSEMINATION AND COMMUNITY ENGAGEMENT

Participants will share the results of the project through social media campaigns, local events, workshops, and community actions aimed at raising awareness about environmental protection and youth participation. Through creative communication and storytelling, the project will inspire other young people and local communities to adopt sustainable habits and become actively involved in protecting the Mediterranean environment.

IF YOU HAVE ANY IDEAS AND/OR SUGGESTIONS OF ACTIVITIES - DON'T HESITATE TO SHARE!

TRANSPORTS

The nearest airports to Tropea are **Lamezia Terme** and **Reggio Calabria**, though direct flights may not be available from your country. You can find affordable flights on **Skyscanner.com** or **Kiwi.com**.

We recommend booking a flight to Lamezia Terme or Reggio Calabria with a stopover in Rome or Milan, or flying directly to Rome or Naples and then taking a train or bus to Ricadi.

Important: Tickets must be purchased only from the airline's official website (avoid platforms like eDreams). You must arrive in Tropea by the evening of September 22nd and depart in the morning of September 30th.

Before booking, you must send us your travel plan for approval. If you need any assistance, feel free to contact us—we're happy to help!



GETTING TO CAPO VATICANO

**PLEASE DO NOT BUY ANY TICKETS
BEFORE RECEIVING OUR APPROVAL.**

REIMBURSEMENT GUIDELINES

To be reimbursed for your trip. The following are necessary: 1) Tickets and boarding passes. 2) Invoice/ receipt/ booking email. Keep your bus/train tickets as well! 🚫 Taxi expenses are not reimbursable.

🧳 Only hand baggage is allowed! Checked baggage is not refundable.

Reimbursement will be processed approximately two months after the end of the training via bank transfer to either the partner association or one designated participant.

**⚠ Missing travel documents = no reimbursement.
Ensure you keep all required documents!**

NUMBER OF PARTICIPANTS

Each partner organization will send a **team of 9 participants**, consisting of 8 young people aged 18-25 and 1 group leader with no age limit. The group leader will be responsible for guiding, supporting, and coordinating the participants throughout the exchange.

Italy	9
Türkiye	9
Cyprus	9
Albania	9
Spain	9



IF ANY DOUBT, CONTACT US!

FINANCES & TRAVEL BUDGET LIMITS

Accommodation, living and other project /exchange related expenses are 100% funded by the Erasmus+ project. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the distance from your location:



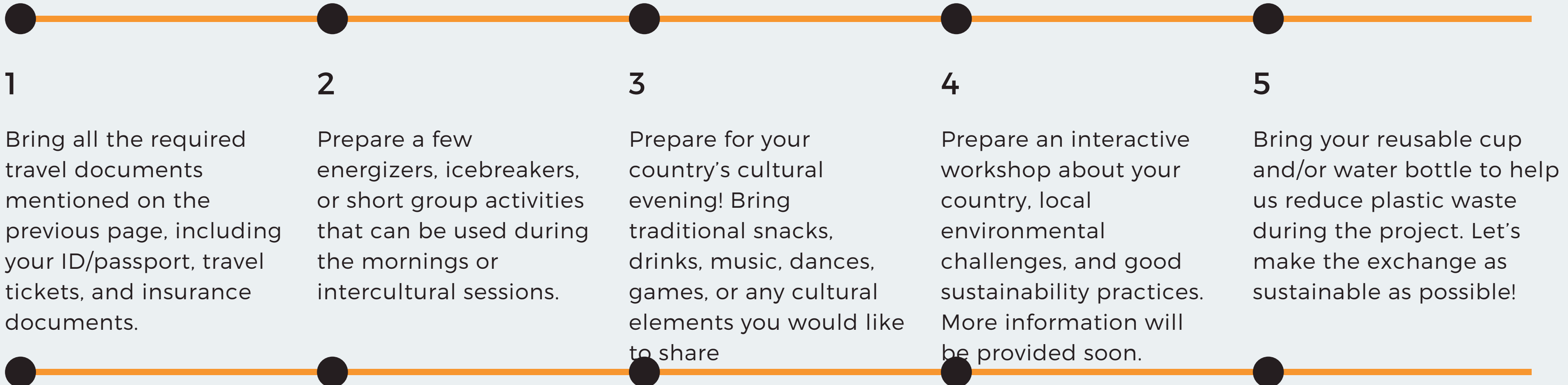
Spain	309€
Türkiye	309€
Albania	211€
Cyprus	309€

IF ANY DOUBT, CONTACT US!

PREPARATION

YOU MUST BRING THE EUROPEAN HEALTH INSURANCE CARD

Get ready for the Youth Exchange

- 
- 1
Bring all the required travel documents mentioned on the previous page, including your ID/passport, travel tickets, and insurance documents.
 - 2
Prepare a few energizers, icebreakers, or short group activities that can be used during the mornings or intercultural sessions.
 - 3
Prepare for your country's cultural evening! Bring traditional snacks, drinks, music, dances, games, or any cultural elements you would like to share
 - 4
Prepare an interactive workshop about your country, local environmental challenges, and good sustainability practices. More information will be provided soon.
 - 5
Bring your reusable cup and/or water bottle to help us reduce plastic waste during the project. Let's make the exchange as sustainable as possible!
 - 6
If you have previous experience related to environmental protection, sustainability, youth work, volunteering, or Erasmus+ projects, feel free to share it with us in advance
 - 7
Bring light clothes, but also something heavy for the night. Don't forget your bathing suit
 - 8
Each national team should bring at least one laptop.
All participants **MUST** bring their European Health Insurance Card (EHIC) or equivalent insurance document.
 - 9
If possible, bring promotional materials from your sending organisation (flags, brochures, stickers, banners, etc.).
 - 10
Bring your motivation, open mind, positive energy, and good spirit!

BASIC RULES

All participants are expected to be fully engaged in all scheduled activities and workshops, except in the case of illness. Unauthorized absences will not be tolerated and may affect your eligibility for reimbursement.

🚭 Smoking is strictly prohibited indoors. Smokers must use designated outdoor areas.

🏠 Respect for the venue and living spaces is essential. Any damage to property or misconduct will not be tolerated.

This is a European project, not a vacation. While you will have free time to explore, the main focus is on learning, collaboration, and impact.

We expect a positive and respectful attitude throughout the project to foster a sense of community and cooperation. Prepare to learn, collaborate, and have fun!

⚠️ Failure to follow these rules may result in:

- Exclusion from the project and immediate return home at your own expense, with no reimbursement.
- Ineligibility for future projects hosted by our organization.

By participating, you agree to abide by these guidelines and contribute to a successful and enriching experience for all.



THANK YOU FOR YOUR
UNDERSTANDING AND
SEE YOU SOON!



CONTACTS

EURO YOUTH CLUB TEAM



E-MAIL

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